



January 2012

Columbia K-4th Grade Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 BEEF RAVIOLI BREAD STICK VEGETABLE/FRUIT	4 CHICKEN SANDWICH SCALLOPED POTATOES VEGETABLE/FRUIT	5 BOSCO STICKS SAUCE VEGETABLE/FRUIT	6 PIZZA VEGETABLE FRUIT
9 SPAGHETTI GARLIC BREAD GREEN BEANS PEACHES	10 CHICKEN NUGGETS TATOR TOTS MUFFIN VEGETABLE FRUIT	11 EGG, CHEESE, SAUSAGE BAGEL HASH BROWN JUICE	12 CHEESY BREAD STICKS SAUCE COLE SLAW FRUIT	13 PIZZA VEGETABLE FRUIT
16 Professional Development Day No Students	17 GRILLED CHEESE TOMATO OR CHICKEN NOODLE SOUP GOLDFISH CRACKER VEGETABLE/FRUIT	18 SHRIMP POPPERS OR HOT DOG FRENCH FRIES SEVEN LAYERED SALAD/FRUIT	19 NACHO GRANDE REFRIED BEANS JUICE	20 PIZZA VEGETABLE FRUIT
23 POPCORN CHICKEN RICE PILAF VEGETABLE/FRUIT DESSERT	24 LASAGNA BREAD STICK VEGETABLE FRUIT	25 PRETZEL W/ CHEESE GARDEN SALAD VEGETABLE JUICE	26 TURKEY GRAVY MASHED POTATOES DINNER ROLL GARDEN SALAD FRUIT	27 PIZZA VEGETABLE FRUIT
30 MARZETTI DINNER ROLL VEGETABLE FRUIT	31 BELGIUM WAFFLE FRUIT TOPPINGS SAUSAGE HASH BROWN			

New Years Resolutions!

1. Wear Seatbelt
2. Wear Helmet (when riding my bike)
3. Drink more Milk & Water
4. Nice to Others
5. Eat more Fruits & Vegetables
6. Brush Teeth Twice a Day
7. Use Sunscreen on Sunny Days
8. Get More Physical Activity
9. Less T.V. & Video Games
10. Reduce, Reuse Recycle